



Health checks for the poor

Families under MyKasih receive free screenings thanks to Lions Club

RECIPIENT families under the MyKasih Love My Neighbourhood food aid programme received a complimentary health screening organised by the Lions Club of Bukit Kiara at Kompleks Sukan Bandar Tun Razak, Kuala Lumpur recently.

Some 125 families turned up for the free health checks, which included screening of the blood pressure, BMI, sugar and cholesterol levels.

Good eyesight and hearing were also emphasised while awareness talks touched on dengue, cervical cancer and mammograms.

The health screening programme was supported by the National Kidney Foundation, Pfizer (Malaysia) Sdn Bhd, Glaucoma Society Malaysia, KL

Eye Specialist, Hearing Partners, Colgate-Palmolive Marketing Sdn Bhd, Gardenia Bakeries (KL) Sdn Bhd, LPPKN and DBKL Public Health Services.

"This is one of the many activities MyKasih Foundation undertakes for our recipient families in collaboration with partners like the Lions Club. With the support of other partners, soon, these families will also get the opportunity to participate in programmes such as skills training and tuition classes," said MyKasih Foundation chief executive officer Jeff Perera.

In support of the event, Dutch Lady Milk Industries corporate social responsibility manager Dina Mohd Nor was also there to present the company's contribution of Friso Mum Gold Milk to Uma Pushpanathan,

Lions Club Bukit Kiara's organising chairman of the project, who is also an advisory council member of MyKasih Foundation.

"MyKasih and the Lions Club appreciate this gesture to help the families, and Dutch Lady Malaysia's sensitivity and concern towards these mothers are heartwarming. We are always open to receive such contribution especially when it helps ensure optimum health of those under our care," said Uma.

MyKasih Love My Neighbourhood Food Aid and Education programme started in December 2008 with 25 families in Selayang.

Today, more than 10,000 families in 106 communities all over Malaysia including Sabah and Sarawak benefit from the MyKasih programme.





Vital: Hasnah Hamid getting her blood pressure tested



Long line: Members of MyKasih families queuing up for an eye check-up